



Made of Walking - La Romieu, France - 27 August to 1 September 2017

"Sometimes we walk on the ground, sometimes on sidewalks or asphalt, or other surfaces. Can we find ground to walk on and can we listen for the sound or sounds of ground? Are we losing ground? Can we find new ground by listening for it?"—Pauline Oliveros (1932-2016)

Listening to the ground / Table of Walks is the inspiration and guide for reflections and walking actions during the *Made of Walking Event* in La Romieu, France - 27th of August to 1st of September 2017.

In 2017 Made of Walking takes place in the historical city of La Romieu (France) and its surrounding landscape, one of the most important passageways for pilgrims towards Santiago de Compostela, relating to the theme "Listening to the ground" and "Table of walks", the latter referring to dialogue between walkers and pilgrims and the intimacy of sharing a walk. Participants are as well the audience. The walking actions / performances are meant to be realized collaboratively to fully experience the works. In fact participants and public become part of it.

The program consists out of a series of walking actions, performances, workshops, public talks and installations

OPENING DAY

Sound Walk Sunday – an invitation to globally celebrate audio, geo-located and sound walks. Designated to take place on the last Sunday in August, Sound Walk Sunday will be inaugurated at Made in Walking - Le Romieu, Gers region - France. With in La Romieu workshops, walks, talks and sound massages. By Andrew Stuck (UK) (initiator), Isabelle Clermont (Q), Gilles Malatray (FR), Inge van den Kroonenberg (B), Stefaan van Biesen en Geert Vermeire (B).

KEY NOTE EVENT

Gilles Malatray (FR) : Inauguration of of a Hearing Place, a mapped and permanent spot for listening, chosen by participants to a "sensitive listening trajectory" and residents at La Romieu, continuation of a series of similar places already inaugurated in various towns and cities in France, mapped digitally with sounds, texts and images. <https://desartsonnantsbis.com/partenaires/points-douie-paysages-en-ecoute/>

WORKSHOPS-WALKSHOPS-WALKS

Simone Etter (CH): Grenzgang - Walking as an artistic practice and artistic research (workshop)

The Grenzgang project team started its investigation in strollology and space in January 2014 in the trinational area around Basel. Strolling tours of the team members – sometimes supplemented by guests from non-European countries – as well as questions of team research form the basis of the investigations. Against the background of their own discipline – music, visual arts and art education – the researchers bring in their specific strategies to create individual, artistic space protocols.

Honi Ryan (Australia/Germany): Walkshop: *Walking Presence* - activating deep listening to place. (walk and workshop)

Walking presence is a silent group walk activating presence through deep listening techniques. A sense of the individual is fostered while acknowledging the group as a single human organism, and its interdependence with the environment. This walk will be through some of the more built or urban areas of the location. Like cells of the blood moving through our veins to put life in motion, we walk the streets together.

Simone Etter and Honi Ryan : nightwalk (walk)

Departing from our own artistic practices, Honi Ryan and Simone Etter undertake a common night walk. We ask what happens to us and the space when darkness swallows the view, the everyday noises are silenced, the people and their daily routines disappear from the public and a parallel world arises. Do we lose ourselves or find space for our own perception to tell us its story?

Simone Etter Artist, art mediator. Born 1982 in Switzerland. Initiator of the artists' collective «marsie». Works and experiments on formats and actions to artistic interventions in public and institutionalised spaces. Accompanies workshops and seminars in the field of artistic research, experimental space investigations, performance art and public sphere. Currently living up to the cité Internationale des Arts in Paris. <http://www.marsie.ch/>
<http://www.fhnw.ch/hgk/ilgk/forschung/laufende-projekte-3/Grenzgang>

Honi Ryan is an artist with a nomadic social practice. Her work has intercultural concerns and deals with the present body in relationship to others and their environment. Working with long term social performance projects at the core of her practice, Ryan builds relationships as works of art by creating mindful encounters in everyday life — encounters between people and place — as a living art practice.

<http://www.honiryan.net/>

Julie Poitras Santos (US): hlystan (walk)

If the Camino is a river – and some say it is – you enter it and are carried to Santiago. If you listen deeply to the river, you can hear it make stops, eddy and turn, along the way. As within the inner ear, a circular current moves. The ear is a labyrinth of sound, and hearing – bridging the barrier between air and water. Participants are invited to walk a spiral path, lost in its depths, alert to new possibilities, listening in the spirit of urgency and need. After walking, we will exchange stories about finding our way.

Julie Poitras Santos work includes installations, performances and public projects that often engage a walking component. Poitras Santos initiated Platform Projects/Walks, a platform for curating walking events and projects within local communities. Poitras Santos' work has been exhibited widely and teaches in the MFA program at Maine College of Art. <http://juliepoitrassantos.com/home.html>
<http://www.platformprojectswalks.com>

ARTIFACTS - Pam Patterson and Leena Raudvee (CAN) : Listening: On the Architecture of Aging (walk)

Two white chairs are placed on the road side. Fields stretch out on either side. We walk together along the road arriving at these white chairs; we lay a white sheet on the roadway between the chairs. In long beige trench coats we sit silently with questions on white papers before us – each question acts as an invitation – for us and our viewers - to participate. This performance explores not only presence but absence as contemporary site (sight).

ARTIFACTS, formed in 1983 by Pam Patterson and Leena Raudvee, produces feminist collaborative works which combine the concerns of art and theatre; they have fused these two traditions into a unique hybridity. ARTIFACTS explores culture, looking at myths, assumptions, and fantasies, and places them in a new context. The tension is between the personal and the formal, which raises questions as to the nature of feminist art practices and women's roles in society. <http://www.mikloslegrady.com/photo/artifacts/>

Rosie Montford (UK): walking and drawing (workshop)

Using a small concertina sketchbook to draw in when I am out walking, the unfolding pages echo the undulating terrain and pauses along the path. The folds of the book allow for overlapping imagery, giving shape to the journey I am making. We construct simple concertina books to draw in before participants are taken on a walk to experience walking and drawing.

Rosie Montford studied Fine Arts at *Camberwell College, University of the Arts, London*, the philosophy of learning through making staying with me. I work across drawing, printmaking, textiles and installation to explore the dialogue between walking and drawing. Member of *The Walking Artists Network* and *London Print Studio* where I prepare and edition silkscreens. <http://www.rosiemontford.co.uk/>

Stefaan van Biesen & Annemie Mestdagh (B): Head Wanderer (A Scent Of Silence) An artistic color / tone walk (walk - workshop)

During this sensory walking workshop we allow walkers to meet with their individual 'tone' and 'color(s)'. We will use the colors in a homage to Aleksandr Scriabin, starting from the Shen Dao system. The workshop will be extended with an introduction to movement and grounding exercises based on Chi Kung. Walks/Drawings/Tones/ letters/Chi Kung exercises by Stefaan van Biesen. Shen Dao and energetic feet massages: Annemie Mestdagh Stefaan van Biesen: Chi Kung and grounding exercises: in the morning and evening. Annemie Mestdagh: energetic feet massage: afternoon and in the evening.

Stefaan van Biesen [Belgium]. visual artist, writer, sound art, walks: silence as an artistic condition. An associative solidity between thinking, acting, environment, well-being : 'how do our thoughts manifest themselves via acts in our environment and to what extent do they contribute to our well-being?' Worked in Belgium, Netherlands, France, Germany, United Kingdom, Poland, Italy, Greece, Cyprus, Portugal, Brazil and China. <http://www.stefaanvanbiesen.com/>

Annemie Mestdagh [Belgium]. Practicing Chi Kung, Tai Chi and the Shen Dao system: colour advise for rooms and energetic body harmony. Food advise for health. Ecology and nature. Working as a photographer, web design, production assistant of the Milena principle. Lectures about foot reflexology and workshops. Working on art projects about awareness and body balance. <http://www.themilena.com/>

Ienke Kastelein (NL): Walking rhythms and sounds, circles and lines (walk)

A site-specific walking practice, with a group of people - pilgrims and/or walkers – with specific attention to our feet, as they carry us, and create different sounds and rhythms, the tempo we walk in and the shoes that we wear, the resonance of the space, walking in circles, creating a circular space, like the base area of an imaginary building and listen to the sound of silence.

Ienke Kastelein is an interdisciplinary artist interested in perception and the senses. She is engaged in context and habitat. Hence *walking* and *sitting* have become essential research methods as well as performances practices. She holds a BA in History of Art (Utrecht University) and studied photography. Teaching art and photography. <http://www.ienkekastelein.nl/>

Wendy Landman (US): Listening to walking/Making space to listen (walk - dialogue)

Modern cities and towns have often forgotten how to listen to walking and the needs of people who are walking. With a focus on two questions, interspersed with short walks. How can the ideas of listening to walking and listening while walking be brought into the day-to-day worlds of city planning and design? How can the worlds of art and walking advocacy work together to help communities get the mix of physical and spiritual walking space that they need to make healthier and happier places?

Wendy Landman has been the Executive Director of WalkBoston, a non-profit pedestrian advocacy organization dedicated to improving walking conditions in cities and towns across Massachusetts, since 2004. Wendy serves on the Board of America Walks and is a member of the Coordinating Committee for the national Every Body Walk! Collaborative. <http://walkboston.org/>

Carol Mancke (US): Circling back – thinking through

Made for Walking Le Romieu suggests the possibility of exchange between participants and pilgrims. Perhaps unlike the ancient pilgrim, the pilgrim walking in the 21st century also hopes to experience a different way of engaging with the world: the physical action of putting one foot in front of the other becomes both the end goal and the means to achieve it. A proposal to undertake a series of walking and drawing actions, that play with the notion of iterations through a continuous circling back in action and thought.

Carol Mancke, California and London based artist, architect and educator, works at the intersection of art and cities. Her work engages a range of timeframes and scales and has featured in solo and group shows in Britain, Japan and Australia. Her research looks at how artists challenge the way cities are designed and inhabited and how artistic practice might function as a positive force in the public arena outside the operations of capital. <http://www.machinaloci.com/>

Peter Jaeger (CAN/UK) : Midamble (walk - reading performance)

Midamble is a long text that was composed at sacred sites and on pilgrimage routes in Asia, Europe, North America, North Africa, and the Middle East. A durational reading-performance of *Midamble* will be situated at an along the Camino route. The text will thus dialogue with the sounds of the local, natural environment and with walkers and pilgrims on the Camino, over a reading period of several hours, as an analogy with the time taken to walk long-distance footpaths.

Peter Jaeger is a Canadian writer based in London. He is the author of eleven books, including works of poetry, criticism, hybrid creative-critical research, and artist books. His most recent publications are *John Cage and Buddhist Eco-poetics* (2013), *540493390* (2014) and *A Field Guide to Lost Things* (2015). Professor of Poetics at Roehampton University in London. <http://writing.upenn.edu/pennsound/x/jaeger.php>

Leo Kay (UK/B) : Exploring Porosity, Entanglement and The Will of Other. (durational workshop)

Indigenous cultures the world over suggest that elements of the world around us are in constant communication with us and amongst themselves and it is our responsibility to listen to their needs, to be in gentle collaboration with their will, their intention to grow and create. Each morning we will spend 45 minutes outside in nature combining meditative process, re-sensitisation exercises, Personal Manifesto writing tasks, and a process I am calling 'Action Intention Performance' which is inspired by magikal practice over 5 days, culminating in a group of individual concurrent 'Action Intention Performances'.

Leo Kay is a theatre and performance maker. He is the artistic director and co-founder of the performance company Unfinished Business. Currently embarking on an 18 month post graduate process at a:pass in Brussels, whilst continuing to Mentor younger artists and explore more long term collaborations both in Europe and the UK. <http://www.thisisunfinished.com/>

Geert Vermeire (B): Just a walk (walk)

A 14 km / 10 miles walk in own pace following the path towards Santiago de Compostela that crosses and encircles La Romieu, inviting just to walk together in silence. There is no intention, but to embrace an unknown territory, a place still to be explored, as a state of mind/being, not only during walking but in all actions around it, creating a durational moment of coincidental connecting with people and allowing the landscape to become a mirror.

Geert Vermeire is a curator, writer and artist with a background in musicology and in performance arts. His artistic practice is focused on mixed reality in performative contexts, relating to movement art, sound art and literature/text in public space, departing from social practices and the ethical involvement of cultural action. He has a particular interest in the relation between new media, sound art and walking. www.themilena.com

Ivana Pinna (IT) and Angeliki Diakrousi (GR): My way home (walk)

My Way Home is a collaborative and participatory project based on soundwalks. Since June 2016, collecting 'returning back home' audio routes from participants in their home town. We invite to 'perform' these routes in other locations than the places where the audios had been created. The one who follows a 'back home' audio route reaches an unknown place; as a result unpredictable wanderings and random encounters are emerged.

<https://mywayhomesite.wordpress.com/>

Ivanna Pinna. Italian, based in Barcelona. Body, movement, people, are elements that characterized her art. She likes to explore and to work with different medium (painting, sculpture, performances, space, sound, etc). At the moment she is studying at the "Teatro de los Sentidos" (Theater of the Senses) in Barcelona, exploring a new ways of perceiving the self and its relation with the space.

<http://ivanaprojects.com/>

Angeliki Diakrousi finished her studies in Patras School of Architecture in 2015 (Greece) and she is interested in exploring and combining different tools and fields of art. She has realized participatory projects within the public realm with a variety of media and currently she is investigating the possibilities of sound to her work.

<https://soundactsvictoria.wordpress.com/>

Panagiota Mavridou / Anastasia Peki (GR): LISTEN. Rec. Pause. Play. LISTEN. Listening for a common ground (walk - workshop)

Can we listen to our common ground? What can we create out of this listening? Is our listening any different in the end of this experience? Attention is directed towards the senses. Simultaneously, towards the relationship formed between two people walking together. The activity unfolds in three parts, while 2 parallel movements take place: breathe in/breathe out and individual/collective. The participants share their subjective mappings. Out of to collectively build a story or a structure for our improvisation.

Anastasia Peki is interested in the environment, experimental music, corporeality in performance, philosophy and aesthetics of music as well as piano/music teaching. Graduated from the Dep. Of Music Studies, (University of Thessaloniki). She works as a music teacher and co-ordinator of workshops concerning experimental music and improvisation, as well the combination of music with other forms of art.

Panagiota Mavridou Architect (NTUA, Athens & UPC, Barcelona). Wishing to understand how we inhabit, perceive and represent the world, she experiments with dance and other art forms, walking, writing, linguistics, phenomenology and psychotherapy and explores the relationships between body, language, space and narrative.

Sandra Fruebing (D/Egypt): Circumnavigation / Mapping La Romieu (participative walk)

In a previous walk I learned about the circular path the death body is carried from the house to the church to the graveyard in Delphi, Greece and surrounding communities. With La Romieu being on route of pilgrims, imagined as well as physical in-between spaces are part of the landscape to be discovered. An invitation to walk in circular motions along borders and thresholds in different ways. Maybe it is just a border where pavement and grass meet maybe it is a connection of myth and build environment that formulates the liminal space.

Sandra Fruebing. For the past 3 years I have lived in Egypt and developed strong skills in comparing my own culture to the Islamic. Within my creative practice I research in a practical way and engage with the public. My work includes deep research within the fields of film, literature and the everyday social interaction. The outcomes are presented in various media from objects that are involved in the storytelling to the creation of a filmed spectacle. Graduate of the Royal College of Art in London and have participated in various exhibitions, talks and workshops. Teaching at the German University in Cairo, based between there and London. <http://sandra-fruebing.de/>

Ruth Broadbent (UK): Walking a line (tracks and lines) - an encounter through drawing (walk - workshop)

A collective mapping of the surface of tracks and lines in and around La Romieu. Individual drawings made whilst walking a line, will be collated to create an alternative map, visual language and system of communication. This drawing offers a way to listen to the ground, connect to the past, present and future of tracks and lines in the landscape, crossing boundaries and borders, and noticing what is often overlooked.

Participants will plan their individual line to walk, selecting the duration and length (from a few steps to a long-distance walk).

Ruth Broadbent is an artist and Associate Lecturer. Currently obsessed with line, from imagined lines to walking and cycling tracks and lines. <http://www.ruthbroadbent.com/>

Mel Sutton (UK) supported by Andrew Stuck (UK) : Mindfulness through Movement (walk-shop)

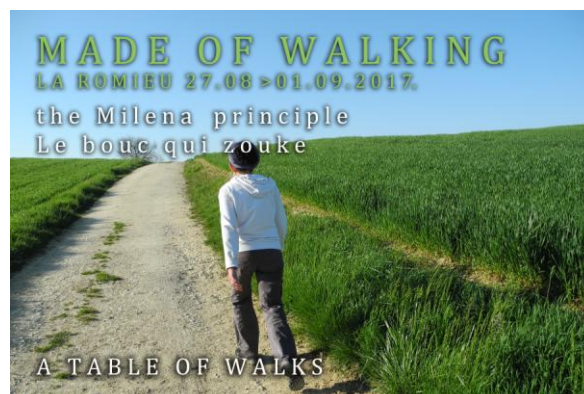
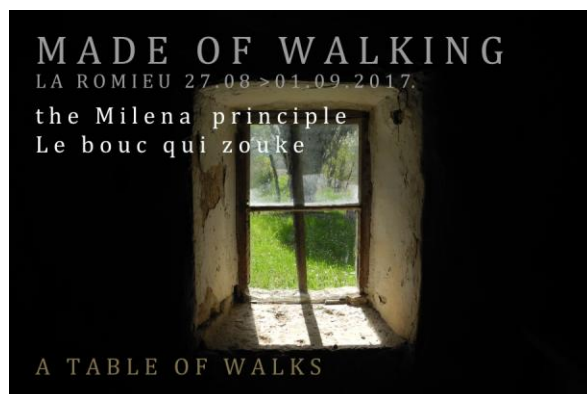
Using the rhythm of step and the awareness of breath to experience mindfulness, this walk-shop will take you on a journey experiencing the connection between the self and the environment we inhabit. We will sense how our spiritual and emotional body is affected by how we experience the outside environment and consequently how working on controlling the mind by changing our thinking can change our relationship to the outside.

Mel Sutton, yoga teacher and health coach teaches mindfulness techniques that can be used in day to day life to bring joy and awareness. A qualified homeopath and aromatherapist, Mel has been developing her yoga practice and in working with the Museum of Walking has devised 'Mindfulness through Movement' walk - shops, that have been commissioned by festivals, mental health providers and cultural institutions.

Andrew Stuck (UK): Listening Safari (walk - workshop)

Become an expert 'ear-witness' - heightening your skills in listening with your whole body, not just your ears, and finding new ways to describe what you hear. Each participant is given a journal to record their descriptions and feelings to the sound and soundscapes they encounter on a safari. Through various techniques, including visual, haptic, vocal, textual and walking, participants will find new ways to describe and share their experiences.

Andrew Stuck created the Museum of Walking [museumofwalking.org.uk] in 2007 to showcase the work of artists, activists and professionals who used walking as the catalyst to their practice. Recording interviews with fellow artists, which he began publishing at Talking Walking [talkingwalking.net] as podcasts the following year. Curating artist walks and devising participatory co-creative walkshops, including audio, geo-located and sound walks. He devised the innovative "Talk the Walk" networking and showcasing events, the Walking Creative programme of participatory walkshops, and is host of a monthly Sound Salon in London.



ARTIST TALKS

moderator **Andrew Stuck (UK) : Talking Walking salon**

Andrew Stuck will chair (and record) daily 4 x 12 minute presentations by the participating artists, followed by a panel discussion, to include Q&A from an audience. Talking Walking is a website of recorded podcasts of conversations with artists, activists and professionals who work in the world of walking or shape our world.

Andrew Stuck. For 20 years, Andrew Stuck has been involved in somehow or other promoting walking, as a transport planner, urban designer, health activist and as a walking creative. Over the last 10 years he has been undertaking interviews of 'thought leaders' and artists who use walking as part of their practice, to stimulate their thinking and to provide creative inspiration. He has also been walking and talking to professionals who shape the environment in which we walk. In 2018 marks the tenth anniversary and 100th podcast for Talking Walking, and will coincide with a book publication called 'Walking Wisdom'.

INSTALLATIONS - ARTISTIC WORKS

Inge van den Kroonenberg (B)

Isabelle Clermont (Q)

Stefaan van Biesen (B) & Geert Vermeire (B)

Credits:

Made of Walking 2017 is organized by the [principe de Milena](#) (Belgium) with support from [Le bouc qui zouke](#) (La Romieu, France), [Desartsonnants](#) Lyon (France), [Aifoon](#) (Belgium) and [Museum of Walking](#) (United-Kingdom).

Curators : [Isabelle Clermont](#) (Quebec), [Gilles Malatray](#) (France) and [Geert Vermeire](#) (Belgium).

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