



# [the Milena principle]

## *A feeling thinking.*

The vision of the body as an instrument of art and knowledge and guidelines as serenity, silence, intimacy, enchantment, inspiration are defining our way of working. What could an ecological art of living look like? How can we get there – how do we have to change our behaviour, what can we contribute as individuals? What new interpretations and concepts do we need? The French author [winner of the Nobel Prize in Literature in 1947], André Gide said: 'I have no use for knowledge that has not been preceded by a sensation'.

Describing what the Milena principle exactly stands for is not easy. the Milena principle is not 'something', it is time and again defined by the experiences, the actions, the artistic contributions and participations of those persons taking part.

the Milena principle arises out of experiencing actions, of communicating, interacting and dialogue via our images and performances. The 'definition' or 'explanation' can only come afterwards: we do not depart from concepts, but from our artistic deeds. A 'definition' is only a means to comment on the images or a signpost. the Milena arises through interaction and communication.

But that does not mean that the Milena principle does not depart from a vision or that the Milena principle turns round the arbitrariness of the emotional. The force of the Milena principle is the inner coherence and inner logic, which is not based upon intellectualizing, but on a way of thinking with the body. We do not keep distance, we touch others directly. We depart from a univocal feeling. That is why what we do, is recognizable for everybody, we bare something that is already present in everybody: the amazement, the emotion, the cheerfulness, the liveliness, the comfort and the delight. We point out the luster of the transitory. We point to the unique and special, which is hidden in each one of us, to how unique everyone is, that humans are neither like numbers nor like cogwheels in a smooth turning world. This has got to be exactly what art is all about: the pleasure and the marvel of our vulnerable humanity.

Every effort is made to create a 'field' in which the relation nature-culture is no longer considered as irreconcilable to this artistic project.